



ACTIVITY CALENDAR

Mon	Tue	Wed	Thu	Fri
2 10:00 WATERCOLOR CLASS 1:00 CANASTA 1:00 BRIDGE TIME TBD: OREM CINEMARK "Mercy"	3 TREASURE TABLE 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 1:00 FALL PREVENTION CLASS	4 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 BRIDGE 1:00 PINOCCHLE 2:00 GRIEF SUPPORT GROUP	5 TREASURE TABLE 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	6 10:00 FLOWER CLASS 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
9 10:00 OIL PAINT CLASS 1:00 CANASTA 1:00 BRIDGE	10 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 2:00 CAREGIVER SUPPORT	11 1:00 BRIDGE 1:00 PINOCCHLE 4:30 BYU BALLET	12 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO VALENTINE LUNCH	7 2:00 re-VIBE: LIVE CONCERT
16 CLOSED 	17 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 3:30 DRAWING CLASS	18 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 BRIDGE 1:00 PINOCCHLE 2:00 GRIEF SUPPORT GROUP	19 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	20 10:00 STRENGTH TRAINING 11:00 JOURNALING CLASS 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
23 11:00 TAP DANCE 1:00 CANASTA 1:00 BRIDGE	24 10:30 CHAIR EXERCISE 12:00 BREAKFAST 1:00 BUNCO 1:00 CERAMICS	25 10:00 COOKING CLASS 1:00 BRIDGE 1:00 PINOCCHLE 2:00 COOKING CLASS	26 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	21 2:00 BEACH BOY CONCERT
		ALL DAY – EVERY WEEKDAY - Exercising - Reading - Computers - Billiards	- Piano - Puzzles - Craft Room - Ping Pong - Air Hockey	Piano Lessons  PLEASE CONTACT MARGARET SCHLOSS H: 435-654-2876 C: 385-207-8527