

JANUARY

ACTIVITY calendar

Mon	Tue	Wed	Thu	Fri
ALL DAY – EVERY WEEKDAY - Exercising - Reading - Computers - Billiards - Piano - Puzzles - Craft Room - Ping Pong	<u>Piano Lessons</u>  PLEASE CONTACT MARGARET SCHLOSS H: 435-654-2876		1 CLOSED 	2 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
5 10:00 WATERCOLOR CLASS 1:00 CANASTA 1:00 BRIDGE	6 TREASURE TABLE 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 1:00 FALL PREVENTION CLASS	7 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 BRIDGE 1:00 PINOCHE 2:00 GRIEF SUPPORT GROUP 3:30 DRAWING CLASS	8 TREASURE TABLE 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO 4:30 UTAH SYMPHONY	9 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG 7:30 TYLER BRYCE-IDEAL THEATER
12 10:00 HAND POTTERY CLASS 1:00 CANASTA 1:00 BRIDGE	13 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 2:00 CAREGIVER SUPPORT	14 1:00 BRIDGE 1:00 PINOCHE 1:15 RITUAL CHOCOLATE-TASTING & PAIRING	15 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	16 10:00 STRENGTH TRAINING 10:00 BRUNCH @ ZERMATT 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
19 CLOSED 	20 10:30 CHAIR EXERCISE 12:00 BREAKFAST 1:00 BUNCO 1:00 CERAMICS	21 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 BRIDGE 1:00 PINOCHE 2:00 GRIEF SUPPORT GROUP	22 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	23 10:00 STRENGTH TRAINING 10:00 WEBER HISTORIC TOUR 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
26 11:00 TAP DANCE 1:00 CANASTA 1:00 BRIDGE 4:30 RUTH HALE-FOREVER PLAID	27 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS	28 10:00 COOKING CLASS 1:00 BRIDGE 1:00 PINOCHE 2:00 COOKING CLASS	29 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	30 10:00 STRENGTH TRAINING 11:00 ACRYLIC WORKSHOP 11:30 CHESS CLUB 1:00 BRIDGE 1:00 MAHJONG
				31 7:00 LUAU & DINNER-AVON THEATER