



**Wasatch County Senior
Center**

**465 East 1200 South
Heber Ut 84032
435-654-4920**

Spotlight

My name is Valorie (Lunt) Rodriguez, and I was born and raised right here in Heber City, Utah. I've always loved our little town—the smell of the mountain air, the familiar faces, and the way neighbors feel more like family. I graduated from Wasatch High School in 1970, a time when the world seemed so big, yet still close enough to dream about.

After high school, I attended Dixie College, where I fell in love with the red rocks and sunshine of southern Utah. In 1974, I married my husband, and together we lived in California, Texas, and Louisiana before eventually returning home to Heber. Along the way, we raised three wonderful children—two girls and a boy—and I was blessed to help raise my niece, who I've always loved like one of my own.

Life has had its share of heartache. I lost my husband in 1999, my son in 2004, my mother in 2012, my niece in 2013 and my father in 2021. Through it all, I learned just how strong love and community can be. Friends, family, and neighbors carried me when times were hardest, and I'm forever grateful for the kindness that surrounded me.

I've always had a passion for children and for teaching. I spent many happy years working at Sunny Day Daycare and later with Mountainland Headstart, where I taught right up until 2017, when I had to retire after a stroke. Even now, nothing warms my heart more than hearing “Hi, Ms. Valorie!” when I'm out in town. Seeing all those children—now grown with families of their own—reminds me what a gift it was to do what I loved every day.

These days, I count my blessings often. I'm the proud grandmother of four granddaughters, three grandsons, and two great-granddaughters. Family means everything to me, and so does the simple joy of living in a place that still feels like home.



Cora's Corner

To all our Seniors...just a little info from the kitchen. It's the end of another year, where has time gone? It has been a whirl wind, but I've loved every minute of it. It is said "Time flies when you're having fun". I believe it.

We will be celebrating our Christmas luncheon on the 18th. Come and have a jolly ole time with us. Christmas is a special time of the year. It's spiritual for me. It's also a time to reach out to others with kindness, love and generosity. Sharing is caring.

New Years Eve luncheon will be held on the 30th. Come celebrate and bring the new year in with a bang!

The Center will be close 24, 25, 31 and the 1st.

We would like to "Wish each one of you, "A Very MERRY CHRISTMAS and a HAPPY NEW YEAR".



I would like to take this time to THANK the people I work with for all they do. We have a great team.

Until next time, take care...Cora Briggs

Mike Dorsey	1	Koze Hallows	13	Carol Harvey	29
Ken Jordan	1	Terry Titcomb	13	Ted Schrader	29
Laural North	1	Roy Kendall	14	Sharon Spencer	29
Janene Zimmerman	5	Cindy Shumway	14	Teresa Covas	30
Diane Burton	6	Charles Jenkins	16	Kathleen Mosdell	31
Carol Davis	6	Larry Murdock	20	Terry Nimmo	31
Mike Kohler	6	Marilyn Broadbent	21	Joyce Royal	31
Gary Turner	9	Betty Brandner	22		
Marina Verden	12	Sharon Carlson	24		
Katherine Young	12	Jeanine Moss	25		
Edward Dorsey	13	Mary Ann Campbell	26		
Nancy Duncan	13	Ashley Fish	28		



December Trivia!

Complete and return trivia to the senior center by December 23rd for your chance to win a \$20 gift card!

Name: _____ Phone: _____

Christmas Song Word Scramble

1. WTENRI ORDLNADWNE _____
2. OYJ TO THE DWLOR _____
3. BLEU HTSRSCMIA _____
4. DLOPHUR HTE NSRODEDE RRDNIEEE _____
5. TIEWH CRIMSHSAT _____
6. ORSYTF HET NNSMWAO _____
7. HO ARCSHMTSI ERTE _____
8. IELTNS HIGTN _____
9. O OECM LAL EY ILHFFTUA _____
10. REISLV NDA LDGO _____
11. SNAAT CLUSA IS NOGCM I TO NWTO _____
12. TSAL MCSTISRAH _____
13. NATSA AYBB _____
14. DO YOU HAER TWAH I HAER _____
15. VLEISR LSBEL _____

December activities & Trips

DATE	Registration Deadline	EVENT	TIME	COST
Monday, December 1st	Limited Space	Craft: Wooden Snowman	10:30 A.M.	\$25
Wednesday, December 3rd & 17th	---	Lunch & Bowling—Holiday Lanes, Heber	11:00 A.M.	Lunch & Bowling On Your Own
Wednesday December 3rd	Limited Space	Charlie & The Chocolate Factory Ruth Hale Theater	4:30 P.M.	\$30 Dinner On Your Own
Monday, December 8th	Limited Space	Watercolor Class @ Center	10:00 AM or 1:00 P.M.	\$10
Tuesday, December 9th	Limited Space	Drawing Classs @ Center	3:30 P.M.	\$6
Wednesday, December 10th	Limited Space	BYU Christmas Jazz Assembly— Provo	4:30 P.M.	\$12 Dinner On Your Own
Monday, December 15th	Limited Space	Oil Paint Class @ Center	1:00 P.M.	\$10
Monday, December 15th	December 11th	Miracle On 34th Street A Live Radio Show On Stage TVT- Heber	7:00 P.M.	\$10
Monday, December 17th	Limited Space	Cooking Class— Copycat—Nothing Bundt Cake	10:00 A.M. or 2:00 P.M	\$5
Friday, December 19th	Limited Space	Heber Historic Home Tour	10:00 A.M.	\$3
Monday, December 22nd	December 19th	Holiday Centerpiece— @ Senior Center	10:00 A.M.	\$20

Remember!

New activities are posted all month at the Center. Stop in often to see what is new before things fill up! For more information stop by the Center or call 435-654-4920

A current membership & payment must be made at the time of sign up. Activities are non-refundable unless you find someone to take your place.

Friends, can you believe we are wrapping up 2025?!?? It has been SO much fun hanging out and making memories with you. My hope is that each of you know the special place you have in my heart. This isn't just a job for me, I sincerely enjoy the time we spend together. Thank you for supporting me in all these adventures and letting me be your activity coordinator.

Let's make 2026 the best ever!!!!

♥ Candie

Wooden Snowman

When: Monday, December 1st

Time: 10:30

Where: Senior Center Craft Room

Cost: \$25

Sign Up By: Limited Space



WE WILL BE MAKING THIS ADORABLE WOODEN SNOW-MAN. CYNTHIA WILL BE TEACHING THIS CRAFT CLASS. ALL SUPPLIES WILL BE PROVIDED TO MAKE YOUR PROJECT. CLASS WILL TAKE APPROXIMATELY 1.5 HOURS.

THE RUTH HALE THEATRE CHARLIE & THE CHOCOLATE FACTORY

Date: Wednesday, December 3rd

Time: 4:30 P.M. (Bus To Leave Center)

Cost: \$30

Dinner: Feast Buffet

Sign Up By: Limited Tickets



A magical musical adaptation of the famous book and hit movie. The world-famous Willy Wonka is opening the gates to his mysterious factory...but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination.



Let's Go Bowling

**First & Third Wednesday
Of Every Month**

Meet At Bowling Alley.

Lunch & Bowling Starting At 11:00



Lunch And Bowling On Your Own.

Watercolor Paint Class

When: Monday, December 8th

Time: 10:00 A.M. or 1:00 P.M.

Where: Senior Center Craft Room

Cost: \$10

Sign Up By: Until Full (Limited Space)

Watercolor.. SOMETHING for everyone. From advanced to beginner, there is much to learn. We will focus on color mixing, various wash techniques, glazing and fun tricks of the trade. The format is teacher lead demos with step by step instructions. Everything you need will be provided for the class.



INSTRUCTOR: SHARON ALLOWITZ
OWNER OF ALCHEMY ART
SCHOOL

Drawing/Sketching Class

When: Tuesday, December 9th

Time: 3:30 P.M.

Where: Senior Center

Cost: \$6

Sign Up By: Limited Space, Sign Up Soon

David will be teaching basic drawing and sketching skills. Everything you need for this class will be provided. Class will take approximately 1 hour.



Oil Paint Class

When: Monday, December 15th

Time: 1:00 P.M.

Where: Senior Center Craft Room

Cost: \$10

Sign Up By: Until Full (Limited Space)



OIL PAINTING... SOMETHING FOR everyone. FROM advanced TO beginner, there IS MUCH TO LEARN. WE WILL focus on color mixing, various techniques, glazing and fun tricks of the trade. THE format IS teacher lead DEMOS WITH step by step INSTRUCTIONS.

EVERYTHING YOU need WILL be PROVIDED FOR THE CLASS.

INSTRUCTOR: SHANOA ALLOWITZ OWNER OF ALCHEMY ART SCHOOL

JAZZ ASSEMBLE- IT'S CHRISTMAS TIME @ BYU

Date: Wednesday, December 10th

Time: 4:30 (Bus To Leave Center)

Cost: \$12

Dinner: Brick Oven Pizza

Sign Up By: Limited Tickets



Come fill your ears and hearts with joyful Christmas tunes set in delightfully jazzy ways. This concert will help set the tone for your Christmas holidays!

We will travel to Provo for dinner at Brick Oven Pizza then over to the BYU!

TIMPANOGOS VALLEY THEATER *Miracle On 34th Street*

Date: Monday, December 15th

Time: 7:00 P.M. (Self Drive Activity)

Cost: \$10

Sign Up By: December 11th

Come back to the KTVT studio for our annual Live Radio Play! This year we will be producing *Miracle on 34th Street*! Sweet, bearded Kris Kringle fills in for an intoxicated Santa at Macy's annual Thanksgiving Day parade. His sensational performance leads to regular appearances at the chain's main store, but things get interesting when he claims to actually be Santa Claus, sparking questions (and a court case) about his authenticity, and his mental health. This touching Christmas Classic speaks to audiences of belief, family, kindness, generosity, and the true meaning of Christmas and questions the nature of belief in the face of cynicism.



This event will be held at the Timpanogos Valley Theater located at 113 N. Main Street, Heber. This will be a self drive activity.

Copycat "Nothing Bundt Cake"

Date: Wednesday, December 17th

Time: 10:00 A.M. or 2:00 P.M.

Cost: \$5

Limited Space.....Sign Up Soon!

We will learn to make copy cat bundt cakes from "Nothing Bundt Cake"! Tricia from USU extension will be teaching the class at the extension kitchen. All supplies will be provided for you. *This is a self drive activity.*



55 S. 500 E. Heber
(Located in the same build as the Health Department)

Holiday Centerpiece With Huckleberry Lane Flower Farm

When: Monday, December 22nd

Time: 10:00 A.M.

Cost: \$20

Sign Up By: Limited Space

Join us for a festive holiday centerpiece class with local florist Farah Sanders of Huckleberry Lane Farm. Have a beautiful fresh evergreen and floral centerpiece for your home for the holidays.



Bring your own
clippers, all other
supplies will be
provided.

Heber City Historic Home Tour



When: Friday, December 19th

Time: 10:00 A.M.

Cost: \$3

Sign Up Deadline: Limited Space



Historic Home Tour – Heber Valley

Join us for an afternoon of exploring the rich history of the Heber Valley! We'll meet at the Senior Center to board the bus for a guided tour of historic homes in the area. Rachel Kahler will accompany us and share fascinating stories and insights at each stop.

Come Play American Mahjong!

**Group plays every Friday at 1:00 P.M.
at the Senior Center.**

All levels welcome, even first timers.





YOU ARE INVITED TO A

CHRISTMAS & NEW YEARS PARTY

CHRISTMAS LUNCH DECEMBER 18TH
NEW YEARS PARTY DECEMBER 30TH

Make sure you sign up for the fun.



A MESSAGE FROM MARGARET
ABOUT PIANO LESSONS.....

SCHOOL IS STARTING SO BACK TO
PRACTICING!

TO SCHEDULE YOUR FREE THURSDAY
LESSONS CALL:

CELL: 385-207-8527

HOME: 435-654-2876

ALL SKILL LEVELS WELCOME.

**One in four people age 65
or older has a fall each year.**



Don't be one of them!

Falls Prevention workshop Series with Guest speakers

Senior Center 1st Tuesday of the month at 1:00 pm -
2:00 pm

10/7/2025 Exercise / Physical Therapy / Sam Murphy
Start a home exercise program

11/4/2025 Home Hazards/ Occupational Therapy / Jill Hurley

12/2/2025 Inclement Weather and Footwear Kristin Anderson

01/6/2026 Vision / Eye Dr / Dr Sietz

02/3/2026 Medications / Pharmacist / Stacy Hall

03/3/2026 What to do if you fall ? / EMS

04/7/2026 What did we learn ? / Prizes / Kristin Anderson

Contact Kristin Anderson 435-657-3502 for more info







MIKES BLURB

Now it is Christmas! My personal favorite time of year. I love everything about it. My kids have always teased me about how much I love it. As they were growing up, I always let them listen to whatever they wanted in the car, but we had a rule that the day after Thanksgiving I was in charge of the music until December 26th. Then they could take back control. I also have lots of funny little traditions that we do during the month. Lots of those traditions have changed as our kids have grown up but now that we have grandkids some of those are coming back. There is nothing better than watching the pure joy of little kids at Christmas. Wouldn't it be great to still have some of that amazement about the magic of Christmas. Oh well, It was a lot of fun watching our kids experience that magic and now it is even better to see it with the grandkids.

I hope all of you have a magical Christmas. Thank you for making the season wonderful for all of us here.

Merry Christmas ~Mike

December Lunch Programs & Entertainment

TUESDAY'S

2ND: DYNAMICS

9TH: JANICE VINCENT-MIDDLE SCHOOL CHOIR

16TH: JANICE VINCENT-MIDDLE SCHOOL ORCHESTRA

23RD: MISS WASATCH

30TH: TONY SUMMERHAYS

THURSDAY'S

4TH: ALISSA AMUNDSON-HARPIS

11TH: JANICE VINCENT HIGH SCHOOL ORCHESTRA

18TH: M&M BAND



Denise from Enhabit will be leading our grief support group. Light refreshments will be served. Gatherings for December will be :

Wednesday the 3rd & 17th at 2:00 P.M.

Strength Training Class!

GET STRONGER & HEALTHIER!

CLASS WILL BE HELD every Friday at 10:00 a.m.

WITH CATHERINE MOORE.

BRING A WATER BOTTLE AND TOWEL.

Christmas WORD SEARCH

S D G E C M D S A L L A G C N B E K N L A E N A N
 W M R C H P L O D U R N A H G I N G E R B B R E A D
 A S O N O R A S R E I N D E E R T C E D H E E E I
 R N S R D P N C O K N A E E U S C C N K K N E A F
 T R T P O E N S C T D A S F A E D E S W S S I A P
 N S D R A R R O M R R S N A W T N R A L R T E E D
 R E U S P L T E R N E S N N N N B G C A G E E R E
 S A E P E S C A A T H U T O N T R T N P S B T E M
 S N W R I U I T T U A U O A T D A I M E I F A T A
 D C E E P A R N O E T R A U N L S C L A E I O E G
 A T R S T T S G O S S E E E M T L T L T A B E N A
 W N R E D L N S I P S I E E B E S R I A T N E R S
 N D U N S I O N D E L S H R R A R S D D U D I R O
 T S T T E E W E A R L O H T L E O T E L T S I M C
 N R R S C R F E D E U F P S I A F S C E L A K D A
 C E A D A R L I B R I D A A K N G T E O C H E E N
 A P A W N G A C E A N F O M H U U O M N S G N E D
 C A S E A W K C I M P T E T E P T E B N A I R A L
 R T H D M D E T K R C N A S P T T M E W E E R M E
 E E T R W N R E N E I E A I O S L L R A C L I C S
 U I T E O A T N W E R T R R C T A E R B W S T O I
 O S A L N E E R L W E W K H N K M I H R S R K E L
 S F E O S E N E D A C D D C A I R G C S E N N I A
 U E E S P N E C L A N A L A E K L L N R T C W A O
 E K I O L H A T D M L E E C E E E H L L I N I E C

WORD LIST

elf
 mistletoe
 sleigh
 candle

stocking
 reindeer
 presents
 gingerbread

wreath
 Santa Claus
 Christmas tree
 snowman

nutcracker
 snowflake
 Rudolf
 December

50 Years Ago.... December 1975

How many of these events do you remember?

Iron Maiden formed: The iconic heavy metal band was formed on December 25.

Scott Joplin's opera closes: *Treemonisha* closed its run at the Uris Theater in New York City after 64 performances.

First broadcast of *One Day at a Time*: The CBS television show premiered on December 16.

First *Family Express* store opens: The first convenience store opened in Valparaiso, Indiana, on December 25.

World Trade Center observation deck opens: The observation deck began operations on December 14.

Metric Conversion Act passed: Congress passed the act, encouraging the U.S. to switch to the metric system.

LaGuardia Airport bombing: An explosion in the baggage claim area on December 29 killed 11 people.

- **New York City bailout approved:** New York City was approved for a \$2.3 billion annual federal bailout to avoid default.

Portugal's military ban: Portugal's military was banned from political participation following the 1974 revolution.



Christmas WORD SEARCH



WORD LIST

elf	stocking	wreath	nutcracker
mistletoe	reindeer	Santa Claus	snowflake
sleigh	presents	Christmas tree	Rudolf
candle	gingerbread	snowman	December

RESOURCE PHONE NUMBERS:

Driver License Division: 801-965-4437

Health Department: 435-654-2700

Heber Hospital: 435-654-2500

High Valley Transit: 435-246-1538

MAG: 801-229-3800

Meals On Wheels: 435-654-4920

Poison Control: 800-222-1222

Sherriff's Office: 435-654-1411

Wasatch Senior Center: 435-65-4920

SENIOR CENTER TEAM

- CENTER DIRECTOR: MIKE WINWARD
- FOOD SERVICE MANAGER: CORA BRIGGS
- ADMINISTRATIVE SECRETARY: LUARA MAIR
- ACTIVITIES COORDINATOR: CANDIE BONNER
- MEALS ON WHEELS DRIVER: TOM GREER
- FOOD SERVICE: BRENT BRIGGS, KARIN JENTZSCH, JILL FORD, JENEAL WINGELAAR

MORNING BOOK CLUB

THIS MONTH'S BOOK :

THE LIBRARY BOOK

SUSAN ORLEAN

NEXT MONTH'S BOOK:

THE PERSONAL LIBRARIAN

BY: MARIE BENEDIT & VICTORIA CHRISTOPHER MURRAY

PLEASE JOIN US EVERY THIRD THURSDAY OF THE MONTH
@ 10:30 FOR HOOKED ON BOOKS.

IF YOU LIKE TO READ AND TALK ABOUT A GREAT BOOK
THIS IS THE PLACE TO BE. COME
VISIT, CHAT AND MAKE SOME NEW
FRIENDS WHILE READING THE BEST
BOOKS.

THIS MONTH'S GATHERING IS
NOVEMBER 20TH @ 10:30



In Loving Memory

Francis D Harrison Sr.

Born: November 26, 1937

Died: October 27, 2025

Married: Nyda Martinez

~

John Neil Giles

Born: November 28, 1939

Died: November 13, 2025

Married: Patrica Giles

Come play Canasta!

Group plays every
Monday at 1:00 P.M.



All levels of experience
welcome, even beginners who
want to learn.



ACTIVITY calendar

Mon	Tue	Wed	Thu	Fri
1 10:30 X-MAS CRAFT 1:00 CARDS-CANASTA 1:00 DUPLICATE BRIDGE	2 TREASURE TABLE 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 1:00 FALL PREVENTION CLASS	3 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 CARDS-BRIDGE 2:00 GRIEF SUPPORT GROUP 4:30 RUTH HALE-CHARLIE & THE CHOCOLATE FACTORY	4 TREASURE TABLE 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	5 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 CARDS - BRIDGE 1:00 MAHJONG
8 1:00 CARDS-CANASTA 10:00 WATERCOLOR CLASS 1:00 DUPLICATE BRIDGE 1:00 WATERCOLOR CLASS	9 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS 2:00 CAREGIVER SUPPORT 3:30 DRAWING CLASS	10 1:00 CARDS-BRIDGE 4:30 BYU CHRISTMAS JAZZ	11 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	12 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 CARDS - BRIDGE 1:00 MAHJONG
15 1:00 CARDS-CANASTA 1:00 DUPLICATE BRIDGE 1:00 OIL PAINT CLASS 7:00 MIRACLE ON 34TH STREET PLAY	16 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS	17 10:00 COOKING CLASS 11:00 LUNCH & BOWLING AT HOLIDAY LANES 1:00 CARDS-BRIDGE 2:00 COOKING CLASS 2:00 GRIEF SUPPORT GROUP	18 9:00 YOGA 10:30 TAI CHI 12:00 LUNCH 1:00 BINGO 1:00 CERAMICS 1:00 PIANO	19 10:00 HISTORIC HOME TOUR 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 CARDS - BRIDGE 1:00 MAHJONG
22 10:00 HOLIDAY CENTER-PIECE WORKSHOP 1:00 CARDS-CANASTA 1:00 DUPLICATE BRIDGE	23 10:30 CHAIR EXERCISE 12:00 BREAKFAST 1:00 BUNCO 1:00 CERAMICS 3:30 DRAWING CLASS	24 	25 	26 10:00 STRENGTH TRAINING 11:30 CHESS CLUB 1:00 CARDS - BRIDGE 1:00 MAHJONG
29 1:00 CARDS-CANASTA 1:00 DUPLICATE BRIDGE	30 10:30 CHAIR EXERCISE 12:00 LUNCH 1:00 BUNCO 1:00 CERAMICS NEW YEAR'S PARTY	31 1:00 CARDS-BRIDGE	Piano Lessons PLEASE CONTACT MARGARET SCHLOSS H: 435-654-2876 C: 385-207-8527	ALL DAY - EVERY WEEKDAY • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Craft Room • Ping Pong



MEALS ON WHEELS
*** **LUNCHEON MENU** ***
(served every Tuesday and Thursday)
Please call ahead to save your spot for meals
654-4920

2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ CUTLETS , mac & cheese, pork-n-beans, applesauce, cookie & roll	2 STUFFED GREEN PEP-PER , potatoes & gravy, carrots, peaches & roll SPAGETTI w/meat sauce , corn, cottage cheese & pears	3 CHEESE ENCHILADA , beans, corn, orange wedge chips & salsa	4 BEEF STROGANOFF over NOODLES , green Beans, mixed fruit & roll BAKED CHICKEN , potatoes & gravy, mixed vegetables, fruit cocktail	5 CHICKEN PARMASEN , red potatoes, mixed vegetables, tropical fruit & roll
8 SALISBURY STEAK , potatoes, green beans, peaches & roll	9 CHICKEN STRIPS , potatoes & gravy, mixed vegetables, pears & roll STUFFED GREEN PEP-PERS , potatoes & gravy, green beans &	10 MEATBALL SANDWICH , potato salad, mixed fruit & chips	11 LASAGNA , corn, cottage cheese, mandarin oranges & roll SLOPPY JOES , potato salad, mixed fruit & chips	12 FISH , au-gratin potatoes, carrots, tartar sauce, applesauce & roll
15 CHICKEN CUTLET , potatoes & gravy, peas, peaches & roll	16 BEEF STEW , tator tots, green beans, applesauce, cookie & roll BREAKFAST , hash-browns, egg, link sausage, biscuit & gravy, fruit, milk & juice	17 MACARONI & BEEF , corn, cottage cheese, pears & roll	18 HAM , potatoes & gravy, carrots, pineapple & roll CHRISTMAS HAM DINNER w/trimmings	19 SLOPPY JOES , potato salad. Mixed fruit & chips
22 CHICKEN FRIED STEAK , potatoes & gravy, mixed vegetables, pears & roll	23 ROAST PORK , potatoes & gravy, carrots, fruit & roll FISH , potato, carrots, tartar sauce, peaches	24 	25 	26 PORK CHOP , potatoes & gravy, green beans, applesauce & roll
29 CREAM OR POTATO SOUP , peas, chicken nuggets, peaches & roll	30 CORDON BLEU , potatoes & gravy, peas, fruit & roll NEW YEAR'S LUNCHEON	31 	January 1, 2026 	

Wasatch County Senior Citizens
(435) 654-4920
465 East 1200 South
Heber City, Utah 84032
Return Service Requested

Non-Profit Organization
US POSTAGE
PAID
Heber City, Utah
Permit No. 2