



# ACTIVITY calendar

| Mon                                                                                                                  | Tue                                                                                                                            | Wed                                                                                                                                                   | Thu                                                                                                                  | Fri                                                                                                                                                                                                                                       |
|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br>10:30 X-MAS CRAFT<br>1:00 CARDS-CANASTA<br>1:00 DUPLICATE BRIDGE                                         | <b>2</b><br>TREASURE TABLE<br>10:30 CHAIR EXERCISE<br>12:00 LUNCH<br>1:00 BUNCO<br>1:00 CERAMICS<br>1:00 FALL PREVENTION CLASS | <b>3</b><br>11:00 LUNCH & BOWLING AT HOLIDAY LANES<br>1:00 CARDS-BRIDGE<br>2:00 GRIEF SUPPORT GROUP<br>4:30 RUTH HALE-CHARLIE & THE CHOCOLATE FACTORY | <b>4</b><br>TREASURE TABLE<br>9:00 YOGA<br>10:30 TAI CHI<br>12:00 LUNCH<br>1:00 BINGO<br>1:00 CERAMICS<br>1:00 PIANO | <b>5</b><br>10:00 STRENGTH TRAINING<br>11:30 CHESS CLUB<br>1:00 CARDS - BRIDGE<br>1:00 MAHJONG                                                                                                                                            |
| <b>8</b><br>1:00 CARDS-CANASTA<br>10:00 WATERCOLOR CLASS<br>1:00 DUPLICATE BRIDGE<br>1:00 WATERCOLOR CLASS           | <b>9</b><br>10:30 CHAIR EXERCISE<br>12:00 LUNCH<br>1:00 BUNCO<br>1:00 CERAMICS<br>2:00 CAREGIVER SUPPORT<br>3:30 DRAWING CLASS | <b>10</b><br>1:00 CARDS-BRIDGE<br>4:30 BYU CHRISTMAS JAZZ                                                                                             | <b>11</b><br>9:00 YOGA<br>10:30 TAI CHI<br>12:00 LUNCH<br>1:00 BINGO<br>1:00 CERAMICS<br>1:00 PIANO                  | <b>12</b><br>10:00 STRENGTH TRAINING<br>11:30 CHESS CLUB<br>1:00 CARDS - BRIDGE<br>1:00 MAHJONG                                                                                                                                           |
| <b>15</b><br>1:00 CARDS-CANASTA<br>1:00 DUPLICATE BRIDGE<br>1:00 OIL PAINT CLASS<br>7:00 MIRACLE ON 34TH STREET PLAY | <b>16</b><br>10:30 CHAIR EXERCISE<br>12:00 LUNCH<br>1:00 BUNCO<br>1:00 CERAMICS                                                | <b>17</b><br>10:00 COOKING CLASS<br>11:00 LUNCH & BOWLING AT HOLIDAY LANES<br>1:00 CARDS-BRIDGE<br>2:00 COOKING CLASS<br>2:00 GRIEF SUPPORT GROUP     | <b>18</b><br>9:00 YOGA<br>10:30 TAI CHI<br>12:00 LUNCH<br>1:00 BINGO<br>1:00 CERAMICS<br>1:00 PIANO                  | <b>19</b><br>10:00 HISTORIC HOME TOUR<br>10:00 STRENGTH TRAINING<br>11:30 CHESS CLUB<br>1:00 CARDS - BRIDGE<br>1:00 MAHJONG                                                                                                               |
| <b>22</b><br>10:00 HOLIDAY CENTER-PIECE WORKSHOP<br>1:00 CARDS-CANASTA<br>1:00 DUPLICATE BRIDGE                      | <b>23</b><br>10:30 CHAIR EXERCISE<br>12:00 BREAKFAST<br>1:00 BUNCO<br>1:00 CERAMICS<br>3:30 DRAWING CLASS                      | <b>24</b><br>                                                                                                                                         | <b>25</b><br>                                                                                                        | <b>26</b><br>10:00 STRENGTH TRAINING<br>11:30 CHESS CLUB<br>1:00 CARDS - BRIDGE<br>1:00 MAHJONG                                                                                                                                           |
| <b>29</b><br>1:00 CARDS-CANASTA<br>1:00 DUPLICATE BRIDGE                                                             | <b>30</b><br>10:30 CHAIR EXERCISE<br>12:00 LUNCH<br>1:00 BUNCO<br>1:00 CERAMICS<br>NEW YEAR'S PARTY                            | <b>31</b><br>1:00 CARDS-BRIDGE                                                                                                                        | <b>Piano Lessons</b><br><br>PLEASE CONTACT<br>MARGARET SCHLOSS<br>H: 435-654-2876<br>C: 385-207-8527                 | <b>ALL DAY - EVERY WEEKDAY</b> <ul style="list-style-type: none"> <li>• Exercising</li> <li>• Reading</li> <li>• Computers</li> <li>• Billiards</li> <li>• Piano</li> <li>• Puzzles</li> <li>• Craft Room</li> <li>• Ping Pong</li> </ul> |