

October

MEALS ON WHEELS
*****LUNCHEON MENU*****
 (served every Tuesday and Thursday)
 Please call ahead to save
 your spot for meals
435-654-4920

2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| |  | 1 LASAGNA, corn, cottage cheese, pears & roll | 2 BEEF CHOW MEIN, egg roll, rice, orange wedge & roll PORK CHOP, potatoes & gravy, peas & ap- plesauce | 3 FISH, potatoes, green beans, tater sauce, peaches & roll |
| 6 CHICKEN CORDON BLUE, potatoes & gravy, peas, peaches & roll | 7 ROAST BEEF, pota- toes & gravy, car- rots, fruit pie & roll CRUNCH TOP HAM & POTATO CASSE- ROLE, mixed veg- gies & fruit | 8 CHEESE ENCHI- LADA, beans, corn, cantaloupe, chips & salsa | 9 CHICKEN PARME- SAN, red potatoes, green beans, pears & roll PICANTE CHICKEN, red potatoes, green beans & peaches | 10 TURKEY SANDWICH, potato salad, mixed fruit & chips |
| 13 Closed in observation of the holiday  | 14 CHICKEN FRIED STEAK, potatoes & gravy, carrots, peaches & roll CHILI BURGER w/ fries, salad w/ ranch & fruit | 15 MACARONI & BEEF SOUP, ta- tor tots, mixed veggies, ap- plesauce & crackers | 16 CHICKEN STRIPS, potatoes & gravy, peas & carrots, pears & roll CHICKEN ENCHILA- DA, beans, corn & water melon | 17 HAM, potatoes & gra- vy, green beans, pine- apple & roll  |
| 20 SALISBURY STEAK, potatoes, carrots, tropical fruit & roll | 21 BBQ RIBLETS, pork & beans, mac & cheese, applesauce, cookie & roll BREAKFAST, hash- browns, eggs, sau- sage, waffles, fruit & juice | 22 BEEF STROGA- NOFF over NOO- DLES, green beans, mixed fruit & roll | 23 MANDARIN ORANGE CHICKEN over RICE, egg roll, vegetables, orange wedge & roll TURKEY SANDWICH, potato salad, orange & chip | 24 GREEN PEPPER, pota- toes & gravy, mixed vegetables, peaches & roll |
| 27 CHICKEN CUT- LET, potatoes & gravy, peas, mixed fruit & roll | 28 CRUNCH TOP HAM & POTATO CASSE- ROLE, mixed vege- tables, peaches & roll FISH, potato, peas, tropical fruit | 29 SEASONED BAKED CHICKEN, rice pilaf, car- rots, pears & roll | 30 BEEF-N-RICE MEDLEY, green beans, tropical fruit & roll HALLOWEEN LUNCH HOT DOGS w/ trimmings  | 31 HOT DOGS, pork-n- beans, corn, fruit, bun & chips  |