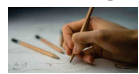
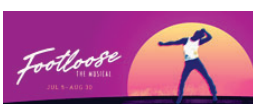
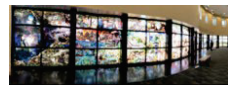




ACTIVITY calendar

Mon	Tue	Wed	Thu	Fri
Piano Lessons  Please Contact Margaret Schloss 435-654-2876	ALL DAY – EVERY WEEKDAY • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Craft Room • Ping Pong			1 10:00 Strength Training Class 2:45 Payson Salmon Supper Center Closes at 12:00
4  9:00–11:00 A.M. Pick Up Fair Days Entries 1:00 Cards—Canasta 1:00 Duplicate Bridge	5 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Line Dance 	6  11:00 Lunch & Bowling at Holiday Lanes 1:00 Cards—Bridge 2:00 Grief Support Group	7 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano	8 10:00 or 1:00 Oil Paint Class  10:00 Strength Training Class 1:00 Cards — Bridge
11 3:00 Orem Cinemark Freakier Friday  1:00 Cards—Canasta 1:00 Duplicate Bridge	12 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group 3:30 Drawing Class 	13 4:30 Sandy Hale "Footloose"  1:00 Cards—Bridge	14 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Hamburger Cookout 1:00 Bingo 1:00 Piano	15 Watercolor Class 10:00 or 1:00  10:00 Strength Training Class 1:00 Cards — Bridge
18  1:00 Cards—Canasta 1:00 Duplicate Bridge	19 10:30 Chair Exercise 12:00 Breakfast 1:00 Bunco	20  11:00 Lunch & Bowling at Holiday Lanes 1:00 Cards—Bridge 2:00 Grief Support Group	21 9:00 Yoga 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano	22 11:00 Lunch @ Soldier Hollow  10:00 Strength Training Class
25 10:00 or 2:00 Cooking Class Fiesta Lime Chicken  1:00 Cards—Canasta 1:00 Duplicate Bridge	26 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco	27 5:00 Ruth Hale "Something Rotten"  1:00 Cards—Bridge	28 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano	29 10:00 UVU Orem Roots Of Knowledge  10:00 Strength Training Class 1:00 Cards — Bridge