


















ACTIVITY calendar

Mon	Tue	Wed	Thu	Fri
Piano Lessons  Please Contact Margaret Schloss 435-654-2876	1 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 7:00 Line Dancing 	2  11:00 Lunch & Bowling at Holiday Lanes 1:00 Cards—Bridge 2:00 Grief Support Group USU Cooking Class "Magnolia" Scones 10:00 or 2:00	3 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano 4th Of July Lunch	4 CLOSED 
7 5:00 Ruth Hale The Play That Goes Wrong  1:00 Cards—Canasta 1:00 Duplicate Bridge	8 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco 2:00 Caregiver Support Group  3:30 Drawing Class 	9  10:00 Brunch @ Mirror Lake Diner 1:00 Cards—Bridge	10 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano	11  10:15 Fire Station 51 Tour 10:00 Strength Training Class 1:00 Cards — Bridge
14  Orem Cinemark Jurassic World—“Rebirth” Time TBD 1:00 Cards—Canasta 1:00 Duplicate Bridge	15 10:30 Chair Exercise 12:00 Breakfast 1:00 Bunco	16  11:00 Lunch & Bowling at Holiday Lanes 1:00 Cards—Bridge 2:00 Grief Support Group	17 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano	18 Watercolor Class 10:00 or 1:00  10:00 Strength Training Class 1:00 Cards — Bridge
21 10:30 Watercolor Workshop  1:00 Cards—Canasta 1:00 Duplicate Bridge	22 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco Pioneer Day Lunch 5:00 Hewey Lewis Concert Last Day To Bring In Fair Day Entries	23 9:00 Puzzle Assembly @ Fair Grounds 1:00 Cards—Bridge	24 CLOSED  PIONEER DAY 7:00 Derby	25 10:00 Strength Training Class 1:00 Cards — Bridge
28  1:00 Cards—Canasta 1:00 Duplicate Bridge	29 10:30 Chair Exercise 12:00 Lunch 1:00 Bunco	30 1:00 Cards—Bridge 2:00 Heber Avon Theater “The Last Rodeo” 	31 9:00 Yoga 10:30 Tai Chi 11:00 Farmer Market 12:00 Lunch 1:00 Bingo 1:00 Piano 7:00 Rodeo	ALL DAY – EVERY WEEKDAY <ul style="list-style-type: none"> • Exercising • Reading • Computers • Billiards • Piano • Puzzles • Craft Room • Ping Pong