



MEALS ON WHEELS

Luncheon Menu (served every Tuesday and Thursday)

PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT

2023

*****(435) 654-4920*****

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
2 CHICKEN NUGGETS , tator tots, mixed vegetables, peaches & roll	3 CHICKEN FRITTER , potatoes & gravy, green beans, tropical fruit & roll CHICKEN MALIBU , potatoes & gravy, peas & carrots & preaches	4 LASAGNA , corn, cottage cheese, pear & roll	5 FISH , potatoes & gravy, carrots, tartar sauce, orange wedge & roll HAM WRAP , macaroni salad, mixed fruit & chips	6 TURKEY SANDWICH , potato salad & mixed fruit				
9 CLOSED in observation of the holiday 	10 HAM , mac & cheese, pork & beans, pineapple & roll STUFFED GREEN PEPPERS , potatoes & gravy, green beans & tropical fruit	11 TACO BAKE , tator tots, corn, peaches, chips & salsa	12 CHICKEN NOODLE SOUP , tator tots, beets, cantaloupe & crackers  PIZZA PARTY @ 5:30 w/trimmings	13 STUFFED GREEN PEPPERS , potatoes & gravy, green beans, pears & roll				
16 CHICKEN CORDON BLEU , potatoes & gravy, peas, mixed fruit & roll	17 BEEF STEW , tator tots, green beans, banana, pudding & roll  BREAKFAST @ 10:00 hasbrowns, eggs, ham, french toast, fruit, juice & milk	18 BEEF STROGANOFF , carrots, tropical fruit, cookie & roll	19 MEATLOAF , potatoes & gravy, mixed vegetables, peaches & roll MACARONI & BEEF SOUP , grilled cheese & pears	20 CHICKEN CUTLET , potatoes & gravy, peas & carrots, pears & roll				
23 SALISBURY STEAK , potatoes, mixed vegetables, peaches & roll	24 CHEESE ENCHILADA , beans, corn, orange wedge, chips & salsa CHILI BURGER w/ fries , green salad & apple pie	25 SHEPARD'S PIE , green beans, pears & roll	26 ROAST PORK , potatoes & gravy, carrots, applesauce & roll FISH , au gratin potatoes, green beans & orange wedge	27 CHICKEN STRIPS , potatoes & gravy, & peas				
30 CHICKEN DRUM-METS , potatoes & gravy, peas, peaches & roll	31 HOT DOG , pork-n-beans, corn, potato salad, apple & bun  HALLOWEEN PARTY!!! HOT DOGS , w/ trimmings							