



Meals on Wheels

****Luncheon Menu (served every Tuesday and Thursday)****

*****PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT**

*****(435)654-4920*****

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN STRIPS , potatoes gravy, peas, tropical fruit & roll	2 MEATLOAF , potatoes & gravy, green beans, applesauce & roll NATIONAL PEANUT BUTTER & JELLY SANDWICH DAY w/trimmings	3 MACARONI & BEFF , corn, cottage cheese, pears & roll	4 NATIONAL CORDON BLEU DAY!! CHEESE CORDON BLEU , w/potatoes & gravy, carrots, peaches & roll	5 MANDARIN ORANGE CHICKEN over RICE , egg roll, Veggies mandarin oranges & roll
8 BBQ RIBLET , mac & cheese, pork-n-beans, applesauce, cookie & roll	9 LASAGNA , corn, cottage cheese, pear & roll SALISBURY STEAK , potatoes & gravy, green beans & peaches	10 PICANTE CHICKEN , red potatoes, green beans, peaches & roll	11 TACO BAKE , tri-patty potato, mixed vegetables, orange wedge & chips CRUNCH TOP HAM & POTATO CASSEROLE , mixed vegetables	12 FISH , au gratin potatoes, carrots, tartar sauce, tropical fruit & roll
15 CHICKEN CUTLET , potatoes & gravy, peas, pears & roll	16 BEEF STEW , tri-patty potato, green beans, pudding, peaches & roll BREAKFAST , hashbrown, eggs, bacon, pastries, fruit, juice/milk	17 CRUNCH TOP HAM & POTATO CASSEROLE . Mixed vegetables, tropical fruit & roll	18 TURKEY w/ DRESSING , potatoes & gravy, peas & carrots, pumpkin pie & roll BEEF NOODLE SOUP , grilled cheese & apple	19 SALISBURY STEAK , potato, carrots, applesauce & roll
22 STUFFED GREEN PEPPERS , potatoes & gravy, mixed vegetables, peaches & roll	23 CHICKEN PARMESAN , red potatoes, tropical fruit & roll HOT TURKEY SANDWICH , potatoes & gravy, pumpkin pie	24 BEEF STROGANOFF over NOODLES , green beans, pears, cookie & roll	25 HAM , potatoes & gravy, carrots, pineapple chunks & roll TACO SALAD w/ ranch, orange wedge & salsa	26 CHEFS SALAD w/ ranch, mandarin orange & crackers
29 BEANS & FRANKS , tater tots, mac & cheese, fruit cocktail & roll	30 PORK CHOP , potatoes & gravy, green beans, applesauce & roll FISH , au gratin potatoes, carrots & peaches			

