



Meals on Wheels

Luncheon Menu (served every Tuesday and Thursday)

*****PLEASE CALL THE CENTER THE DAY BEFORE TO RESERVE YOUR SPOT**

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHICKEN STRIPS , potatoes, mixed vegetables, tropical fruit & roll	2 RAVIOLI , corn, cottage cheese, pineapple & roll CINCO de MAYO TACO BAR w/ trimmings	3 BURRITO w/chili, potato, assorted vegetable, cantaloupe, chips & salsa
6 FISH , au gratin potatoes, carrots, tartar sauce, tropical fruit & roll	7 CHICKEN FRIED STEAK , potatoes & gravy, green beans, applesauce, cookie & roll SWEET & SOUR PORK over RICE, egg roll & orange wedge	8 BEEF NOODLE SOUP , tri patty potato, mixed vegetables, peaches & crackers	9 TACO SALAD w/ ranch, orange wedge & chips MOTHERS DAY BAKED CHICKEN w/trimmings	10 BAKED CHICKEN , potatoes & gravy, peas & carrots and peaches
13 STUFFED CAB-BAGE , potatoes & gravy, peas & carrots, applesauce, cookie & roll	14 CHEESE ENCHILADA , beans, corn, peaches, chips & salsa STUFFED GREEN PEPPER , potatoes & gravy, green beans & tropical fruit	15 SPAGETTI w/MEAT SAUCE, corn, cottage cheese, pears & roll	16 CHICKEN PARME-SAN , red potatoes, mixed vegetables, tropical fruit & roll HAM SANDWICH , potato salad, pineapple & chips	17 HAM SANDWICH , potatoes salad, pineapple & chips
20 CHICKEN CUTLET , potatoes & gravy, peas, peaches & roll	21 BEEF STEW , tri patty, green beans, banana, pudding BREAKFAST , hash browns, eggs, bacon, pancakes, fruit, juice/milk	22 CHICKEN POT PIE , potatoes & gravy, carrots, tropical fruit & roll	23 BEEF CHOW MEIN over/NOODLES, egg roll, veggies, orange wedge & roll PORK CHOP , potatoes & gravy, mixed vegetables & applesauce	24 CHEF SALAD w/ranch, mandarin oranges & crackers
27 CLOSED 	28 CHICKEN CORDON BLEU , potatoes & gravy, peas, peaches & roll CHICKEN PARME-SAN , red potatoes, carrots & pears	29 SALISBURY STEAK , potato, carrots, applesauce & roll	30 CREAM OF POTATO SOUP , chicken nuggets, green beans, orange wedge & roll FISH , baked potato, California blend vegetables & peaches	31 HAM WRAP , potato salad, mixed fruit & chips